

2026 College Club Swimming Southern Regional Championship

November 7-8 | Tallahassee, FL
Hosted by Swim Club at FSU
Arrival Logistics Packet

Full Meet Schedule

Saturday

Prelims	Finals
Doors and Pool Deck Open: 9:15am **Warm-Ups Begin:** 9:30am **President's Meeting:** 10:00am **Volunteer/Timers Meeting:** 10:15am **Warm-Ups End:** 10:30am **Competition Begins:** 10:30am **Estimated Session End Time:** 1:30pm	**Doors and Pool Deck Open:** 4:30pm **Warm Up Start:** 5:00pm **President's Meeting:** 5:30pm **Volunteer/Timers Meeting:** 5:45pm **Warm Up End:** 5:55pm **Meet Start:** 6:00pm **Estimated Meet End:** 8:15pm

Sunday

Prelims	Finals
Doors and Pool Deck Open: 7:30am **Warm Up Start:** 8:00am **President's Meeting:** 8:30am **Volunteer/Timers Meeting:** 8:45am **Warm Up End:** 9:00am **Meet Start:** 9:00am **Estimated Meet End:** 12:00pm	**Doors and Pool Deck Open**: 2:30pm **Warm Up Start:** 3:00pm **President's Meeting:** 3:30pm **Volunteer/Timers Meeting:** 3:45pm **Warm Up End:** 3:55pm **Meet Start:** 4:00pm **Estimated Meet End:** 6:00pm

Notes on the Meet Schedule

Saturday Check-In:

Check-In will be available outside the facility gates beginning at 8:45am. One team representative will be required to come to the check-in table to pick up their teams packets with heat sheets, relay cards, and other information. As mentioned above, teams are not permitted to enter the facility until 9:15am. Due to the potential short transition time, it is recommended those swimming in the first warm up group to arrive ready to swim.

Warmups, Deck Access, and Meet Operations

Warmup Schedule

Please note that the following warm-up schedules utilize your club's CCS abbreviation. You can verify your club's abbreviation by looking at the College Club Swimming website.

Prelims Sessions

We have organized warm-up groupings to split up teams equally between two sessions. The following is the schedule of the warm-ups:

Saturday Prelims		Sunday Prelims	
9:30 AM – 10:00 AM	Group A	8:00 AM – 8:30 AM	Group B
10:00 AM – 10:30AM	Group B	8:30 AM – 9:00 AM	Group A

Group A	Group B
AUB CLT CLEM ECS FACS FSUC GTSC KSU LU UNFCS WCU	FGCU FLOR FPUSC GSU SCGSU TAMPA TTSC UALA UCFFL UGAS UKCS UMSC USFB

NOTE: Athletes may only warm up in a session in which they are scheduled to compete. *Presidents may warm up with the first block in order to attend the president's meeting.*

The last 10 minutes of each warm up group will be controlled warm up as follows:

Lane 1,8: Pace | Lane 2,3,6,7: One Way Starts | Lane 4,5: General Warm Up

Meet Warmup Procedures

Prelims Sessions

The scoreboard pool and golf pool will be open for general warmup during the scheduled times only. The divewell pool will be continuously open for warm up from the beginning of the warmup session and throughout the prelim sessions. Any warmup time changes will be announced in presidents' meetings and through discord.

Finals Sessions

The competition pool will be open for general warmup during the scheduled times only, and the golf course pool will be continuously open for warm up from the beginning of the warmup session and throughout the session. The dive well will not be open during finals. Teams will not be assigned warm up time slots for finals. Any warm up time changes will be announced in presidents' meetings and through discord.

Facility Map and Assigned Team Seating



Pink = Bleachers | Yellow = Open Deck | Green = Open Grass

As seating and shade is limited, all teams are strongly encouraged to bring their own canopies and chairs to the facility. All teams and swimmers are welcome to utilize the grass overflow space. If utilizing this space, please remain along the fence line, no swimmers or spectators are permitted on the golf course. Tents and chairs may be left overnight but should be collapsed and secured.

Clerk of Course

The Clerk of Course desk will be located next to the head operations table near the starting blocks of the scoreboard pool. All finals scratches must be declared to the Clerk of Course table within 30 minutes of the results being posted and announced.

Awards Presentation Schedule

Awards will be presented right after the A final of each men's event. The top 3 athletes in each event need to be ready to receive their award following the conclusion of the men's A final. For example, the top three finishers in the 100 breaststroke for men and women will receive their award at the conclusion of the men's 100 breaststroke A final.

Awards for timed final events that took place in the prelim sessions will be presented during that day's final sessions.

Team awards will be presented at the conclusion of the Sunday Finals session.

Facility Policies & Procedures

Entering the Facility

Please enter through the main entrance, shown below, when checking in:



Facility Policies & Logistics

- For setting up tents and seating areas, a 6ft clearance must be maintained around the edges of the pool deck.
- Please keep all trash picked up in your team and spectator seating areas and stay away from restricted areas. If a swimmer is found in a restricted area, the swimmer will be asked to leave the facility and may be pulled from the remainder of the meet.
- Vandalism will not be tolerated. Any individual caught vandalizing the facility will be asked to leave the facility for the remainder of this meet.
- No parents, spectators, or members of the general public will be allowed behind in the areas behind the starting blocks except at the request of a Meet Director or Meet Referee.

- Belongings should be removed from the deck between sessions and overnight for cleaning. Tents and chairs may remain but should be collapsed and secured.
- Florida State University is a smoke-free campus.
- The lost & found is located in the lifeguard office.
- If your team is planning on ordering food delivered to the Morcom Aquatic Center, please ensure the order has the club name listed and that someone is ready to receive it when it arrives.
- In the event of severe weather (heavy rain or lightning) participants must clear the pool deck, return to their vehicles, and remain until conditions improve. If required, any schedule changes will be communicated in the Southern Regionals channel on Discord.

Volunteer & Spectators Information

Volunteer Information

Volunteer check-in at the meet will be located in the breezeway located outside of the lifeguard office. All volunteers should plan on checking in at least 15 minutes prior to the start of their shift. Credential tags will be given to volunteers for the session and must be returned at the end of the session. Further directions will be given to volunteers upon arrival.

Spectator Information

Spectators will be admitted through spectator tickets, which can be purchased online at collegeclubswimming.com. Tickets must be purchased online. While the online store will remain open throughout the meet, we highly encourage all attending spectators to purchase their tickets in advance of the meet. Spectators will be asked to show their receipt to the attendant to claim a wrist band. Specific session wristbands or an all session band will be given upon arrival when checked in. The wristbands must be worn and kept visible when moving through the facility. Heat Sheets will be available online free of charge on collegeclubswimming.com

Reminders & Communication

Check-in Procedures

As is noted in the Meet Information Packet, you must check in prior to the first session in which your team has athletes competing. No athletes may enter the facility until they have received their credentials, which teams receive at check-in. Check-in will be available from 8:45am – 10:30am on Saturday. Anyone checking in after this time should contact the meet directors to check in.

Please bring a printed or digital copy of your receipt showing payment of your swimming entry fees through CCS/Club Assistant (the registration software). If you do not provide a receipt, your team will be unable to check-in and unable to enter the pool deck.

Each team will be required to complete a waiver. Please have every swimmer on your team sign the waiver and send a virtual copy of the signed waiver via email to fsuswimclub@gmail.com. **Please send by Friday, November 6.**

Click here to download the waiver.

A representative from each club will also be required to complete a brief survey. Please complete this prior to the first President's meeting.

Click here to access the survey.

Pool, Deck, & Stands

Athlete credentials grant you access to the entire pool deck; however, please remember to sit ONLY in your assigned team area and to be respectful of other teams' space. Unless you are heading to the starting zone to swim a race, it is wise to carry your credential with you at all times.

President's Meeting Location

Please have a club representative attend the President's Meeting each session. The President's meeting will take place at 10:00am on Saturday and 8:30am on Sunday in the breezeway at the entrance of the pool.

Meet Communication

This year we will be utilizing Discord for all reminders and real-time updates. The CCS President's Discord will also be utilized for teams to ask questions in the #Southern-Regionals

thread. Club officers not already in the Discord can request to be added via email to ccs.regionals@gmail.com

Health & Safety

Below are the closest medical centers and urgent cares to the facility.

Medical Centers (ER Open 24/7)

Tallahassee Memorial Hospital
1300 Miccosukee Rd, Tallahassee, FL 32308
https://www.tmh.org/

Urgent Care

Tallahassee Memorial Urgent Care
410 W Tennessee St, Tallahassee, FL 32301
https://www.tmh.org/location/tallahassee-memorial-urgent-care-center-on-tennessee-street

Parking Information

Parking Options (ALL PARKING IS FREE):
Seminole Lacrosse Complex: Paved and Gravel Spots
316 Pennell Cir. Tallahassee, FL 32310
Parking is Prohibited:
Morcom Aquatics Center Front Lot and Back Lot, Golf Course, Along Pottsdamer St., FSU/FAMU College of Engineering, WFSU

